

CONSERVATORY

SAMPLE BREAKFAST MENU

CHILLED FRUIT JUICES & FRUITS

Seasonal fresh fruits and sliced fruits
Selection of fruits juices, apple, orange, pineapple

FROM THE BAKERY

Selection of Artisanal sliced Breads
Croissant and Danish pastries and Mini Muffins

Sourdough, wholemeal, multigrain or white bread toasts with your choice of preserves, honey, peanut butter, vegemite, margarine or butter

CEREALS

Choices of cereal, Weet-Bix, Carmen's Muesli, Kellogg's corn flake, Coco Pops served with your choice of milk, almond, low fat or full cream milk

HOT SECTION

Baked beans
Roast tomatoes
Hash browns
Bacon
Roasted mushrooms
Bacon and cheese quiche
Vegetable frittata
Porridge
A variety of free-range eggs: Baked, fried, poached and scrambled

EGG STATION

Free range egg omelette
Choice of filling: Ham, onion, tomato, mushroom, peppers, spinach, or cheddar

CONSERVATORY

SAMPLE BREAKFAST MENU

ASIAN

Stir fried noodles and vegetables

Miso soup and congee with a choice of condiments

Vegetable and chicken dumplings

SOMETHING SWEET

Pancakes and waffles

Berry compote, whipped cream, honey, Cinnamon Sugar

Seasonal smoothies

Seasonal chia pudding

3 types of yoghurt – sweet, plain and coconut

Bircher muesli

TEA & COFFEE

Breakfast includes 1 Barista made coffee & unlimited tea and filter coffee